Anglican Diocese of Cyprus and the Gulf

www.cypgulf.org/ retreats

Maggie Le-Roy Retreats Facilitator



retreats@cypgulf.org

Tel: +357-22-671220 / +357-99-155092

Opportunities

EASTER PEOPLE AUDIO RETREAT

A series of four 12 minute reflections on Jesus' resurrection appearances with questions to consider. Use the accompanying document to take your personal prayer further.



MY BODY: SACRED SPACE?

You may like to read this article from the London School of Spiritual Direction and answer the three questions at the end.



DIVINE MIRROR MEDITATION

When you have a spare 7 minutes, you could listen to this <u>meditation</u> by Richard Rohr. What line gets you thinking?

NOTICE: MOVING ON

As of 30 June 2023 I will be leaving the Diocese to take up an exciting new position in a multicultural area of London, helping to provide retreats and spiritual direction. After 19 years as Retreats Facilitator, it will be sad to say goodbye. Discussions are taking place regarding how the Retreats Ministry will continue.

Knowing

We are now in another in-between season in the Christian calendar. The time between Christ's resurrection and ascension. Those 40 days when Jesus kept coming and going, those days when the disciples knew his presence physically present and then disappearing.

It's a time of seeming knowing and not knowing. Now you seem him, now you don't.

Canon Dr Sanjee Perera talks about our perception of the colour blue. This colour was not mentioned in ancient history whereas other colours were. She says we talk about the sky and water being blue but in reality we know this isn't true.

This is like our perception of God in Christ. We see and yet we don't see. We know and yet we don't know. Sometimes our knowing God seems very real, and at other times it seems as though this knowing needs more faith.

When people go on retreat they often arrive knowing that they don't know but leave realising they know as much as they need to know and are encouraged by that.

"...we are breathed into life by that which has no beginning nor end; when that still small voice speaks, when confronted by the Divine, we know."

(Canon Dr Sanjee Perera)



"Now we see
but a poor reflection
as in a mirror;
then we shall see
face to face.
Now I know in part;
then I shall know fully,
even as I am fully
known."

(1 Corinthians 13:12)

The resurrection message to the disciples was "go to Galilee, there you will see me". Galilee, that area where the disciples had spent much of their time getting to know Jesus, was where Jesus wanted to continue to be known to them. In the ordinary things of life, in the familiar places.

How are we knowing Christ in the ordinary?



An Exercise

LOOK IN THE MIRROR

Find a mirror. Take some time to look into it and see yourself.

- What do you see?
- Who do you see?
- What does God see when he looks at you?
- Who does God see when he looks at you?
- Consider how you may be mirroring God in how you look.
- Consider how you may be mirroring God in who you are and how you behave.
- How might others see God appearing to them as you come and go in their lives?



RISEN MOVIE

Find a copy of the movie "Risen". Watch particularly the character Clavius as he searches for Jesus. Take a break and then watch this short video with comments on the movie by Bishop Robert Baron. Or just watch the video - what conclusion are you drawn to?